



The 2nd "Xing Yi Ling Dong" Cup
Rhythmic Gymnastics International Invitational Competition
2024 Competition Regulations

I. Organizers

Shenzhen Xing Yi Ling Dong Culture Media Co. Ltd

II. Co-organizers

Shenzhen Futian District Rhythmic Gymnastics Association
Shenzhen Xing Yi Ling Dong Rhythmic Gymnastics Club
Shenzhen Ke Ren Culture and Sports Development Co.

III. Competition date and venue

Date: 1st – 3rd August 2024

Venue: Shenzhen, Guangdong, China

IV. Competition Rules and Groups

1. Competition rules:

Scoring is based on the International Gymnastics Federation (FIG) 2022-2024 Rhythmic Gymnastics Rules. Participants aged 15 and below compete in the Youth Group, while those aged 16 and above compete in the Adult Group.

2. Entry categories:

Participants in any category can choose **individual event or all-around** to compete.

Specific standards are as follows:

Individual Optional - Professional
(Training time exceeds 10 hours per week)

Group	Age	Events	All-around
Baby	4-5 Years Old (Born in 2020-2019)	Freehand, Ball	Take the scores of 2 individual events as the total score

U7	6-7 years old (Born in 2018-2017)	Freehand, Hoop, Ball,	Take the scores of 2 individual events as the total score
U9	8-9 years old (Born in 2016-2015)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 3 individual events as the total score
U11	10-11 years old (Born in 2014-2013)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 3 individual events as the total score
U13	12-13 years old (Born in 2012-2011)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 5 individual events as the total score
U15	14-15 years old (Born in 2010-2009)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 4 individual events as the total score
Adult	16 years old and above (Born before 2008)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 4 individual events as the total score

Individual Optional - Amateur
(Training time is less than 9 hours per week)

Group	Age	Events	All-around
Baby	4-5 Years Old (Born in 2020-2019)	Freehand, Ball	Take the scores of 2 individual events as the total score
U7	6-7 years old (Born in 2018-2017)	Freehand, Hoop, Ball,	Take the scores of 2 individual events as the total score
U9	8-9 years old (Born in 2016-2015)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 3 individual events as the total score
U11	10-11 years old (Born in 2014-2013)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 3 individual events as the total score
U13	12-13 years old (Born in 2012-2011)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 5 individual events as the total score
U15	14-15 years old (Born in 2010-2009)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 4 individual events as the total score
Adult	16 years old and above (Born before 2008)	Freehand, Rope, Hoop, Ball, Club, Ribbon	Take the scores of 4 individual events as the total score

Group Optional - Professional (Training time exceeds 10 hours per week)

Group	Age	Events	All-around
Baby	4-5 Years Old (Born in 2020-2019)	5-6 Person Freehand	N/A
U7	6-7 years old (Born in 2018-2017)	5-6 Person Freehand	N/A
U9	8-9 years old (Born in 2016-2015)	5-Person Ball, 5-Person Freehand	Take the scores of 2 routines as the total score
U11	10-11 years old (Born in 2014-2013)	5-Person Ball, 5-Person Hoop	Take the scores of 2 routines as the total score
U13	12-13 years old (Born in 2012-2011)	5-Person Hoop, 5-Person Club	Take the scores of 2 routines as the total score
U15	14-15 years old (Born in 2010-2009)	5-Person Hoop, 3-Person Ribbon and 2-Person Ball / 5-Person Club	Take the scores of 2 routines as the total score
Adult	16 years old and above (Born before 2008)	5-Person Hoop, 3-Person Ribbon and 2-Person Ball	Take the scores of 2 routines as the total score

Group Optional - Amateur (Training time is less than 9 hours per week)

Group	Age	Events	All-around
Baby	4-5 Years Old (Born in 2020-2019)	5-6 Person Freehand	N/A
U7	6-7 years old (Born in 2018-2017)	5-6 Person Freehand	N/A
U9	8-9 years old (Born in 2016-2015)	5-Person Ball, 5-Person Freehand	Take the scores of 2 routines as the total score
U11	10-11 years old (Born in 2014-2013)	5-Person Hoop, 5-Person Freehand	Take the scores of 2 routines as the total score
U13	12-13 years old (Born in 2012-2011)	5-Person Hoop, 5-Person Club	Take the scores of 2 routines as the total score
U15	14-15 years old (Born in 2010-2009)	5-Person Hoop, 5-Person Club	Take the scores of 2 routines as the total score
Adult	16 years old and above (Born before 2008)	5-Person Hoop, 3-Person Ribbon and 2-Person Ball	Take the scores of 2 routines as the total score

V. Participants

Both domestic and international participants, regardless of gender, whether professional or non-professional, enthusiasts of rhythmic gymnastics are all eligible to register.

VI. Registration and Fees

Registration Deadline: July 1, 2024

Contact Information:

Name: Teacher Chen

Mobile: +86 15013638816

Email: xyld_rg@163.com

Instagram: rg_laya

1. Registration Fee

Individual Events: \$60 USD per person per event

Group Events: \$60 USD per person per event

Fees should be paid collectively by each participating organisation. Participants are responsible for their own expenses related to food, accommodation, and transportation.

2. Accommodation and Meals

Registered participants (team leaders, judges, coaches, athletes) and accompanying personnel may choose to have accommodation and meals arranged by the competition organiser. The fee is as follows:

\$90 USD per person per day for accommodation and meals. If upgrading from a standard room **for two people** to a single room, an additional fee of \$50 USD per person per day is required to cover the price difference.

3. Transportation

The competition organiser offers shuttle services from Shenzhen Bao'an Airport and daily round-trip transportation between hotels and the competition venue.

Round trip between Shenzhen Bao'an Airport and hotels: \$50 USD per person

Local transportation between hotels and competition venue during competition period (1st – 3rd August): \$45 USD per person

4. Payment Transfer Information:

Alipay Account: 15013638816

Account owner: Shenzhen Xing Yi Ling Dong Rhythmic Gymnastics Club Limited Company (深圳市星屹灵动艺术体操俱乐部有限公司)

RMB Account: (Only available for bank transfers between business entities)

Account Number: 4000025209200764813

Bank Name: Industrial and Commercial Bank of China, Shenzhen

Huangmugang Branch (中国工商银行深圳黄木岗支行)

USD Account:

4000025229200851055

VII. Registration

Registration time and location will be notified separately.

VIII. Other matters not covered herein will be notified separately.

Shenzhen Xing Yi Ling Dong Culture Media Co. Ltd

27th March 2024



The 2nd "Xing Yi Ling Dong" Cup Rhythmic Gymnastics International Invitational Competition 2024 Registration Form

Competing Organisation (Stamped):		
Team Leader: Contact Number:	Coach: Contact Number:	Coach: Contact Number:

Individual Optional

Name	Date of Birth	Group	Rope	Hoop	Ball	Club	Ribbon	Freehand

Note: Please check (√) the corresponding registration items.

The 2nd "Xing Yi Ling Dong"Cup Rhythmic Gymnastics International Invitational Competition 2024 Registration Form

Competing Organisation (Stamped):		
Team Leader: Contact Number:	Coach: Contact Number:	Coach: Contact Number:

Group Optional

Name	Date of Birth	Group	5-Person Freehand	5-Person Hoop	5-Person Ball	5-Person Club	3-Person Ribbon and 2 Person Ball

Note: Please check (√) the corresponding registration items.

Annex 2:

INFORMED CONSENT FOR PARTICIPATION

I. I am fully aware of my physical condition and confirm that I am in good health and do not have any physical discomfort or illness (including heart disease, rheumatic heart disease, hypertension, cerebrovascular disease, myocarditis, other heart diseases, coronary artery disease, serious arrhythmia, diabetes mellitus with high or low blood glucose, and illnesses not suitable for the sport of Rhythmic Gymnastics); therefore, I solemnly declare that I am able to participate in the 2nd "Xing Yi Ling Dong" Cup Rhythmic Gymnastics International Invitational Competition in 2024.

II. I am fully aware of the potential dangers of training or competing during this event and the injuries or accidents that may result from it. I will do my best to participate in a responsible manner for my own safety.

III. I am willing to abide by all the rules and regulations of this competition: if I discover or notice any risks or potential risks during the competition, I will immediately withdraw from the competition and inform the tournament organiser.

IV. I am willing to accept on-site emergency medical treatment provided by the organizer during the competition. I will be responsible for the expenses related to hospital treatment and other related costs afterwards.

V. If a participating athlete knowingly conceals or fails to report any physical discomfort or illness, and this leads to injury or accidents during the competition, the athlete shall bear the responsibility.

I have carefully read and fully understood the above content, and I confirm and assume the corresponding legal responsibilities for all the above content. I sign this agreement voluntarily.

Signature of the participant:

Signature of the guardian:

Date: